

CB-BK WE1 2026: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Houtevelt Kyllian HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 200M FREESTYLE WOMEN 13-14					Heat:5, starttime: 08:42	
Heat: 5/14 Lane : 1 Athlete: DEROOST BEAU					Q-time: 02:24:93	
PB (50m pool): 02:32.41 Olympic Pool Wezenberg, Antwer 29/07/2025PB (100m pool): 02:24.93SB: 02:32.41 Olympic Pool Wezenberg, Antwer 29/07/2025						
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M		
PB	00:34.56	01:12.72	01:52.52	02:32.41		
	00:34.56	00:38.16	00:39.80	00:39.89		
						

Coach feedback: